



# Just before surgery

## Your surgery

**Please be on time the day of your surgery.**

Sometimes your surgery may be earlier or later than planned.

**Sometimes surgery dates and times need to change.**

If this should happen, you will be given as much notice as possible and your surgery will be rebooked.

**If your symptoms change or worsen at any time during your waiting period:**

- Call your family doctor, or
- Ask someone to take you to the nearest Emergency Department, or
- Call 911.



• Name of your surgery:

\_\_\_\_\_

• Hospital:

\_\_\_\_\_

• Date of your surgery:

\_\_\_\_\_

• Admission (check-in) time:

\_\_\_\_\_

• Time of your surgery:

\_\_\_\_\_

• Likely length of hospital stay is \_\_\_\_ days. You may go home earlier or later, depending on your recovery.

## Advance Care Planning



### How can I get a copy of an Advance Care Plan?

Download a copy of the BC Government's *My Voice: Expressing My Wishes for Future Health Care Treatment* advance care planning guide:  
[www.viha.ca/advance\\_care\\_planning/plan.htm](http://www.viha.ca/advance_care_planning/plan.htm)

To order hardcopies of the advance care planning guide in single or in bulk:

- Visit Crown Publication's website [www.crownpub.bc.ca/Product/Details/76100034945](http://www.crownpub.bc.ca/Product/Details/76100034945) or
- Call Crown Publications at 250.387.6409 or toll free in BC at 1.800.662.6105 Monday through Friday, 8:30am to 4:30pm Pacific Standard Time. A charge for shipping and handling, plus applicable taxes will be applied to your order.

Discuss your health care wishes, including what to do if you have a life-threatening event during your hospital stay, with your family and doctor. Write down your wishes in an Advance Care Plan.

Writing an Advance Care Plan means your voice will guide health care decisions if you are not able to make them for yourself.

### Where can I find more information about Advance Care Planning?

You can get more information about advance care planning, and links to the guide at:

- The BC Government's website:  
[www.gov.bc.ca/advancecare](http://www.gov.bc.ca/advancecare)
- Island Health's *Make Your Plan* website:  
[http://www.viha.ca/advance\\_care\\_planning/plan.htm](http://www.viha.ca/advance_care_planning/plan.htm)
- If you do not have access to a computer, you can call HealthLink BC at 8.1.1 for more information.